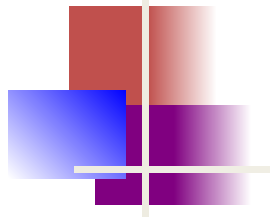




Erasmus+

HOW WE PREVENT DEPRESSION IES PARE VITÒRIA:





GENERAL ISSUES

We have a COUNSELLING DEPARTMENT that guides students in every aspect regarding both personal and academic issues

GROUP COHESION

Every year we have group/school activities to integrate everybody in the school



MEDIATION TEAM

Born to improve relationships among students and solve everyday conflicts. They are students and teachers who mediate between individuals helping them to reach agreements



ENHANCING NON-VIOLENT ENVIRONMENTS

Music during the breaks

CELEBRATION OF
PEACE DAY / DAY
AGAINST GENDER
VIOLENCE / GAY AND
LESBIAN RIGHTS

COUNSELLING
PLAN



25N Dia
internacional
contra la
violència de
gènere



INCLUSIVE BREAKS (science experiments)



We promote different activities during our breaks so that everybody can express themselves. Nobody should feel alone or isolated, as there are different activities to share with fellow students.

INCLUSIVE BREAKS (DANCING)



INCLUSIVE BREAKS (RUBIK CUBE AND CHESS)



"I AM HERE PROJECT".

Senior students become the "big brothers and sisters" of the new students, so that they never feel alone or lost in the high school.



I AM
HERE



COOPERATION

TRUST

**WARMING NEW
STUDENTS**





USE OF MEDIATION TO SOLVE CONFLICTS

Mediation is a tool to face conflicts, in which students become the main actors and learn skills to cope with their problems through dialogue, with the help of senior students (trained mediators).





**IMPOSSIBLE
BECOMES POSSIBLE**

IES PARE VITÒRIA

SPAIN



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