**What you can do:**

* Use public transportation
* Eco-freindly heating
* Use your legs or bicykle if it’s possibile
* Fuel on in cooler temperatures
* Filters on cars
* Install catalysts In the exhaust pipes of vehicles
* Buy less and inverst in good sustainble solutions for your basic in weardrobe
* Improvement of power plants
* Keep your cars healthy in this way it last longer
* Avoid high voc products
* Don’t suport organizations that have poor environmental practices
* Reduce the heating in your house by just a few degress
* Talk about it – create awareness

**What the goverment can do:**

* Monoitor the level of air pollution
* The goverment could give you cheaper heating for sustianble solutions
* The tax on cars should be equal to their pollution
* Laws that says new companies should use sustianble heating, prosedures
* Say that the school should teach about the dangers of smog and pollution